American Horticultural Therapy Association®

AHTA Case Study Outline

I. Client/Patient information: a thorough description including age, gender, ethnicity, physical characteristics, other identifying information (interns are cautioned to avoid use of last name and adhere to HIPAA policies). Include here how he/she presents at the first meeting(s), and/or the general background, how he/she functions in environment.

II. History of Case: include information on who is the client/patient, what is he/she, where does he/she live, work, play, etc. How does the client/patient look, sound, move? Does the client/patient make his/her needs/wants known? What are his/her social and family relations, work and personal history; etc. Do not yet discuss the problem or illness in this section.

III. Problem(s)/Symptoms & Diagnosis: a thorough discussion of the individual's problem, or a set of symptoms and a diagnosis.

IV. Prognosis/Discharge potential: describe the potential outcomes for the client/patient.

V. Treatment Plan: introductory description including overview of horticultural therapy intervention. Do not yet discuss how you or others applied the therapy.

(A) PROBLEM ADDRESSED--a description of the identified problem(s) with a stated long-term and short-term goal. Include here the specific treatment plan.

(B) ASSESSMENT—a description of how the client/patient was assessed for horticultural therapy services.

(C) TREATMENT PROCEDURES--a description of how the treatment was given and/or what happened during (not after) the process of treatment. Include here the evaluation procedures/process.

(C) RESULT/PROGNOSIS—a description of the results after the primary treatment cycle was completed, and/or what the prognosis--the long-range expectations--is. Include here an example of the evaluation procedure/process.

VI. Conclusion: a very brief conclusion reiterating the first name of the client/patient, his/her problem or illness, the treatment given, and the result.

Note: *Do not tell a story in a narrative form. Formalize the information into subject categories and subcategories in the order of the outline.*